

# SALT PRESENTATION FEES 2025

## **SALT EDUCATION SESSIONS - IN CLUB DELIVERY**

Our Education Sessions include:

Stand Your Ground, Unstoppable, Empowered, Healthy Masculinity, Wellbeing & Mental Health, Clubs with Heart, Drugs and Alcohol, Positive Coaching, Positive Sports Parenting, Equality is the Game + more

\$980+gst per session or \$780+gst for 3 or more sessions booked for the same club (save \$600)

## **SALT EDUCATION SESSIONS - ONLINE DELIVERY**

Our Education Sessions include:

Stand Your Ground, Unstoppable, Empowered, Healthy Masculinity, Wellbeing & Mental Health, Clubs with Heart, Drugs and Alcohol, Positive Coaching, Positive Sports Parenting, Equality is the Game + more

\$500+gst per session or \$400+gst for 3 or more sessions booked for the same club (save \$300)

## **CLUB WELLBEING PACKAGE**

The Club Wellbeing Package Includes:

Wellbeing & Mental Health session for all club members and extended community.

Followed by 3 online training sessions for 3-6 people to develop a Club Wellbeing Team in your club.

Investment of \$2000 (+gst)

## **POSITIVE SPORTS PARENTING (SELF-GUIDED) COURSE COSTS**

Our online self-guided program gives parents a clear perspective on how to support coaches, clubs and their children in positive ways and how to best support their kids during junior sporting events.

### **Positive Sports Parenting Self Guided (PSPSG) Course**

\$750+gst per club for 12 month course access for all club parents/carers

\$1100+gst per club for 24 month access for all club parents/carers

\$500+gst per club for any additional consecutive 12 month course purchase

(only applicable if PSPSG course has been purchased by the club previously)

Course completion reporting available.

Upon completion of the PSPSG course the club can opt to create a Kids Matter Team.

### **Kids Matter Team (KMT)**

\$500+gst per club

1-hour online training session for 3-6 people to develop a Kids Matter Team in your club. The purpose of the KMT is to foster a supportive environment for young athletes and their families, focused on equipping children with life skills and resilience.

**FOUNDING PARTNER:**



**MAJOR SPONSOR:**



*Bendigo Bank offers clubs Grants to hold SALT sessions at their club. Contact your local branch today for more information.*

# SALT PRESENTATION FEES 2025

## **CLUBS WITH HEART 2 YEAR MEMBERSHIP CLUB PACKAGE**

### **YEAR 1 (Must begin 1 month prior to the commencement of the season)**

- SESSION 1 : Meet with Committee (establish goals, conduct Club Health Check)
- SESSION 2 : Mental Health and Wellbeing session
- SESSION 3 : Club Wellbeing Team (3 online training sessions for 3-6 people)
- SESSION 4 : Clubs with Heart – in club session for whole club community
- SESSION 5 : Self-Guided Positive Parenting course

### **YEAR 2**

- SESSION 1 : Meet with Committee/Club Wellbeing Team (revise goals, re-visit core values, discuss and select education courses)
- SESSION 2 : Choice of in-club session for juniors, seniors or coaches
- SESSION 3 : Choice of in-club session for juniors, seniors or coaches
- SESSION 4 : Choice of in-club session for juniors, seniors or coaches
- SESSION 5 : Meet with Committee/Club Wellbeing Team, conduct Club Health Check, review outcomes, look to the future.

Total cost for 2 years - \$8000 (+gst); Payments of \$2,000 (+gst) initial deposit and 2 payments of \$3,000 (+gst) per year (Alternative payment plan available on application)

## **CLUBS WITH HEART 2 YEAR MEMBERSHIP JUNIOR CLUB PACKAGE**

### **YEAR 1 (Must begin 1 month prior to the commencement of the season)**

- SESSION 1 : Meet with Committee (on-line) to establish goals, conduct Club Health Check)
- SESSION 2 : Clubs with Heart – in club session for whole club community
- SESSION 3 : Self-Guided Positive Parenting Course (over 2 years)
- SESSION 4 : Choice of in-club junior session
- SESSION 5 : Choice of in-club junior session

### **YEAR 2**

- SESSION 1 : Self-Guided Positive Parenting Course (new parents)
- SESSION 2 : Positive Sports Coaching (in-club)
- SESSION 3 : Kids Matter Team Training (on-line with another club and access to SALT Support Hub)
- SESSION 4 : Choice of in-club junior session
- SESSION 5 : Choice of in-club junior session
- SESSION 6 : Choice of in-club junior session
- SESSION 7: Meet with Committee (on-line), conduct Club Health Check, review outcomes, look to the future.

Total cost for 2 years - \$8000 (+gst); Payments of \$2,000 (+gst) initial deposit and 2 payments of \$3,000 (+gst) per year (Alternative payment plan available on application)

## **CLUBS WITH HEART 2 YEAR MEMBERSHIP SENIOR CLUB PACKAGE**

### **YEAR 1 (Must begin 1 month prior to the commencement of the season)**

SESSION 1 : Meet with Committee (on-line to establish goals, conduct Club Health Check)

SESSION 2 : Clubs with Heart – in club session for whole club community

SESSION 3 : Wellbeing & Mental Health session (in-club)

SESSION 4 : Club Wellbeing Team Training (3 sessions on-line with another club and access to SALT Support Hub)

### **YEAR 2**

SESSION 1 : Choice of in-club senior session

SESSION 2 : Choice of in-club senior session

SESSION 3 : Choice of in-club senior session

SESSION 4 : Trauma session support (if needed)

SESSION 5: Meet with Committee (on-line), conduct Club Health Check, review outcomes, look to the future.

Total cost for 2 years - \$8000 (+gst); Payments of \$2,000 (+gst) initial deposit and 2 payments of \$3,000 (+gst) per year (Alternative payment plan available on application)

## **CLUB HEALTH CHECK - ONLINE SURVEY**

The Club Health Check is a survey that will help to inform where your club sits regarding its health, culture and leadership. It will allow an understanding of what the club is doing well and what areas it may need to address moving forward.

**FREE TO ALL CLUBS** via the [SALT website](#)



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**MAJOR SPONSOR:**



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